

# The Glorious Mysteries of the Rosary

#### First Glorious Mystery: The Resurrection.

"But on the first day of the week, at early dawn, they went to the tomb, taking the spices which they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, 'Why do you seek the living among the dead? He is not here, but has risen" (Lk 24:1-5).

Our Father, 10 Hail Marys (contemplating the mystery), Glory be to the Father.

#### Second Glorious Mystery: The Ascension.

"So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God" (Mk 16:19).

Our Father, 10 Hail Marys (contemplating the mystery), Glory be to the Father.

### Third Glorious Mystery: The descent of the Holy Spirit.

"When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance" (Acts 2:1-4).

Our Father, 10 Hail Marys (contemplating the mystery), Glory be to the Father.

#### Fourth Glorious Mystery: The Assumption.

"Henceforth all generations will call me blessed; for he who is mighty has done great things for me" (Lk 1:48-49).

Our Father, 10 Hail Marys (contemplating the mystery), Glory be to the Father.

#### Fifth Glorious Mystery: The crowning of Our Lady Queen of Heaven.

"And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars" (*Rev* 12:1).

Our Father, 10 Hail Marys (contemplating the mystery), Glory be to the Father.

## How to pray the Rosary?

In the name of the Father and of the Son and of the Holy Spirit. O God come to my aid;
O Lord, make haste to help me.
Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end. Amen.

At the beginning of each decade, announce the "mystery" to be contemplated, for example, the first joyful mystery is "The Annunciation".

After a short pause for reflection, recite the "Our Father", ten "Hail Marys" and the "Glory be to the Father".

An invocation may be added after each decade.

At the end of the Rosary, the Loreto Litany or some other Marian prayer is recited.

**Our Father**, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

**Hail Mary**, Hail, Mary, full of grace, the Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

**Glory be to the Father**, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen..

## **The Loreto Litanies**

**Hail, holy Queen**, mother of mercy; hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.